

WEEK COMMENCING
 01/04/2024 22/04/2024 13/05/2024 03/06/2024 24/06/2024
 15/07/2024

V – Vegetarian
 VE - Vegan

CLASSIC HOT & HEARTY

CLASSIC MAIN MEALS

VEGETARIAN MAIN MEALS

MONDAY

Beef & Tomato Ragout with Wholegrain Pasta and House Salad

TUESDAY

Butter Chicken Curry with Pilau Rice & Tomato, Red Onion & Coriander Salad

WEDNESDAY

Honey Glazed Gammon, Crisp Roasties, Seasonal Veg & House Gravy

THURSDAY

All Day Breakfast

FRIDAY

Chip Shop 'Fryday', Fish, Pizza or Fishcake with Chips, Peas & Tartare Sauce

MONDAY

Oven Baked Broccoli & Red Pepper Frittata & House Salad (V)

TUESDAY

Lentil & Cauliflower Dhal with Pilau Rice, Tomato, Red Onion and Coriander Salad (VE)

WEDNESDAY

Cheese and Onion Pie, Seasonal Veg and Wedges (V)

THURSDAY

All Day Breakfast(V)

FRIDAY

Crispy Onion Pakora Burger with Mango Chutney & Garden Peas (VE)

DESSERTS

MONDAY

Chocolate Sponge & Chocolate Sauce

TUESDAY

Apple Strudel & Custard

WEDNESDAY

Peach Kuchen

THURSDAY

Pear & Cocoa Sponge

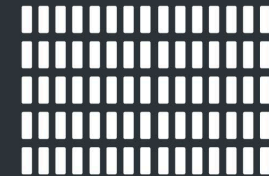
FRIDAY

Manager's Special

FRUIT & YOGHURT POTS AVAILABLE DAILY

HOMEMADE SOUP & FRESHLY BAKED BREAD Available Daily

JACKET POTATOES Topped with a Choice of: Cheese, Tuna or Beans Available Daily



MONDAY

Buffalo Cauliflower Wings on Salt & Pepper Wedges (V)

TUESDAY

Garlic & Lemon Chicken Gyros

WEDNESDAY

Chicken Yakitori with Rice

THURSDAY

Loaded Potato Skins (V)

FRIDAY

Manager's Special

NATURALLY

MONDAY

Chilli & Lime Glazed Tofu Skewer with Tomato Rice (VE)

TUESDAY

Vegan Singapore Noodles (VE)

WEDNESDAY

Jerk Jackfruit Open Wrap (VE)

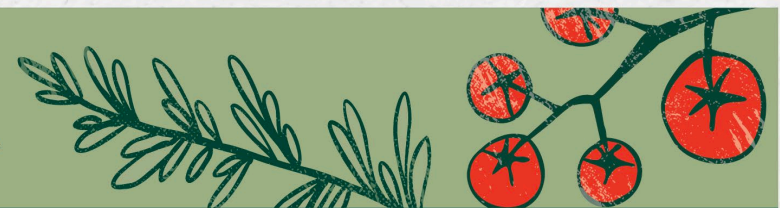
THURSDAY

Pakistani Tarka Dhal (VE)

FRIDAY

Manager's Special

TRATTORIA



MONDAY

Tomato & Basil Pasta

TUESDAY

Creamy Pesto Pasta

WEDNESDAY

Mozzarella & Tomato Pizza Or Pepperoni Pizza

THURSDAY

Pasta in Cheese Sauce

FRIDAY

Mozzarella & Tomato Pizza Or BBQ Chicken Pizza

Our Vegetarian and Vegan recipes are approved by the Vegetarian Society.



WEEK COMMENCING
 08/04/2024 29/04/2024 20/05/2024 10/06/2024 01/07/2024
 22/07/2024

V – Vegetarian
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CLASSIC HOT & HEARTY

CLASSIC MAIN MEALS

VEGETARIAN MAIN MEALS

MONDAY

Traditional Sausage & Mash, Peas, Carrots & Onion Gravy

TUESDAY

Beef Lasagne & Garlic Bread

WEDNESDAY

Hand Carved Roast Turkey, Roasties, Seasonal Veg & House Gravy

THURSDAY

Baked Beef Enchilada with Mexican Rice & Salsa

FRIDAY

Chip Shop 'Fryday', Fish, Pizza or Fishcake with Chips, Peas & Tartare Sauce

MONDAY

Vegan Sausage & Mash, Peas, Carrots & Onion Gravy (VE)

TUESDAY

Loaded Mac 'n' Cheese, Selection of Toppings, House Salad & Garlic Bread (V)

WEDNESDAY

Mature Cheddar, Broccoli & Leek Quiche with Seasonal Veg or Garden Salad (V)

THURSDAY

Mixed Bean Enchilada with Mexican Rice & Salsa (V)

FRIDAY

Sweetcorn, Chilli & Coriander Fritters with Sriracha Dressing, Chips & Peas (V)

DESSERTS

MONDAY

Apple Pie & Custard

TUESDAY

Peach & Pineapple Crumble

WEDNESDAY

Sticky Coconut & Jam Pudding

THURSDAY

Baked Churros with Chocolate Sauce

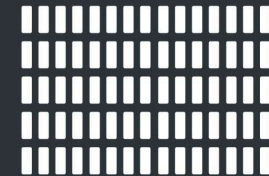
FRIDAY

Manager's Special

FRUIT & YOGHURT POTS AVAILABLE DAILY

HOMEMADE SOUP & FRESHLY BAKED BREAD Available Daily

JACKET POTATOES Topped with a Choice of: Cheese, Tuna or Beans Available Daily



MONDAY

Caramelised Onion & Mozzarella Poutine (V)

TUESDAY

Gochujang Chicken and Sesame Rice Pot

WEDNESDAY

Mei Goreng Indonesian Fried Noodles

THURSDAY

Korean Fried Crispy Chicken

FRIDAY

Manager's Special

NATURALLY

MONDAY

Reggae Reggae Jackfruit Curry (VE)

TUESDAY

Spiced Paneer & Red Onion Naan (V)

WEDNESDAY

Vegan Ramen Bowl (VE)

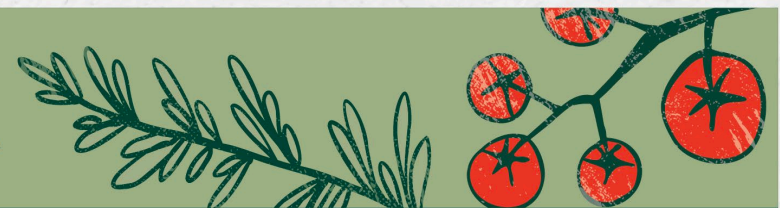
THURSDAY

The Big Plant Burger (VE)

FRIDAY

Manager's Special

TRATTORIA



MONDAY

Tomato & Basil Pasta

TUESDAY

Creamy Pesto Pasta

WEDNESDAY

Mozzarella & Tomato Pizza Or Pepperoni Pizza

THURSDAY

Pasta in Cheese Sauce

FRIDAY

Mozzarella & Tomato Pizza Or BBQ Chicken Pizza

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CLASSIC MAIN MEALS

VEGETARIAN MAIN MEALS

MONDAY

Mozambique Piri Piri Chicken, Fragrant Rice & Crunchy Slaw

TUESDAY

Chicken Makhani Curry with Braised Pilau Rice

WEDNESDAY

Roast Gammon, Crisp Roasties, Seasonal Veg & House Gravy

THURSDAY

Szechuan Beef Noodles with Sesame Stir Fried Greens

FRIDAY

Chip Shop 'Fryday', Fish, Pizza or Fishcake with Chips, Peas & Tartare Sauce

MONDAY

Harissa Roasted Sweet Potato & Chickpea Tagine (VE)

TUESDAY

Sri Lankan Split Pea & Cauliflower Curry with Pilau Rice (VE)

WEDNESDAY

Sweet Potato & Goats Cheese Tart with Seasonal Veg or House Salad (V)

THURSDAY

Asian Vegetable, Soya Bean & Noodle Stir Fry (VE)

FRIDAY

Vegan Falafel Kofta with Crunchy Sriracha Slaw, Chips & Peas (VE)

DESSERTS

MONDAY

Pineapple Upside Down Cake

TUESDAY

Warm Blueberry Sponge

WEDNESDAY

Dropped Pancake Bar

THURSDAY

Apple & Mixed Berry Crumble with Vanilla Sauce

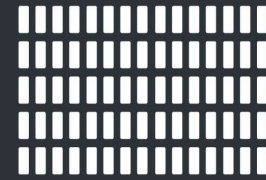
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HOMEMADE SOUP & FRESHLY BAKED BREAD Available Daily

JACKET POTATOES Topped with a Choice of: Cheese, Tuna or Beans Available Daily



MONDAY

Chinese Style Vegan Noodles (VE)

TUESDAY

Chipotle Chicken Chimichanga

WEDNESDAY

Loaded Mediterranean Street Cart Wedges

THURSDAY

Thai Fried Rice

FRIDAY

Manager's Special

NATURALLY



MONDAY

Fork Friendly Falafel Kebab (V)

TUESDAY

Smoked Tofu & Capanata Burger (V)

WEDNESDAY

Seeded Vegan Sausage Roll (VE)

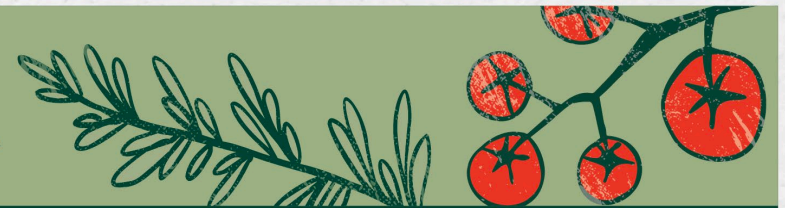
THURSDAY

Onion Bhaji Skewer with Bombay Potatoes (VE)

FRIDAY

Manager's Special

TRATTORIA



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