



WEEK 1

Classic Favourites MONDAY	EASTERN TUESDAY	Great British WEDNESDAY	SOUTHERN STYLE THURSDAY	Fish & Chips FRIDAY
------------------------------	--------------------	----------------------------	-------------------------------	------------------------

MAIN MEAL	BEEF & TOMATO RAGOUT Pasta	KUNG PAO CHICKEN Rice	ROAST LEG OF PORK Roast Potatoes & Gravy	CHICKEN KATSU CURRY Rice	CHIP SHOP 'FRYDAY' FISH, PIZZA, SAUSAGE OR FISHCAKE Chips & Peas
VEGETARIAN MEAL	ASIAN VEGETABLE & NOODLE STIR FRY	PLANT BASED RAGOUT Pasta	MACARONI CHEESE WITH A CRUNCHY TOPPING	JAMAICAN SQUASH PASTY	EGG PLANT KATSU CURRY Rice
VEGETABLES	SALAD	CARROT & SESAME SALAD	SEASONAL VEGETABLES	STIR FRY VEGETABLES PEAS CHIPS	PEAS CHIPS STIR FRY VEGETABLES
PASTA POTS					
	TOMATO & BASIL	CHEF SPECIAL	TOMATO & BASIL	CHEF SPECIAL	TOMATO & BASIL
JACKET POTATO	TOPPED WITH A CHOICE OF CHEESE, TUNA OR BEANS				
DESSERT	MIXED BERRY & APPLE CRUMBLE Custard	LEMON & LIME CHEESECAKE	SYRUP SPONGE Custard	SELECTION OF ICE CREAMS & FROZEN YOGHURTS WITH TOPPINGS	CHOCOLATE SPONGE Chocolate Sauce
FRUIT POT	SELECTION OF FRUIT POTS AVAILABLE DAILY				
JELLY POTS	SELECTION OF JELLY POTS AVAILABLE DAILY				
YOGHURT POTS	SELECTION OF YOGHURT POTS AVAILABLE DAILY				

TRY OUR HOME-MADE

SOUP

WITH FRESHLY BAKED BREAD

LOOK OUT FOR AMAZING BLUE DOT MEAL DEALS

PIZZAS, WRAPS & PANINIS

FRESH OPTIONS EVERY DAY

TAKE HOME A TAKEAWAY

Collect Before You Go Home

LUNCH MEAL DEAL

Check out what's on offer today!

ΨΨΨΨΨΨ

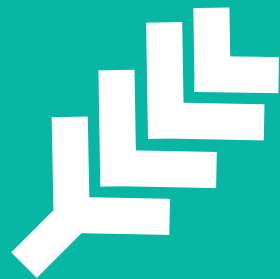
WATCH OUT FOR OUR

POP UP

& STREET FOOD PROMOTIONS

All of Our Deli Range, Sandwiches, Salads & Desserts are

FRESHLY MADE HERE DAILY



WEEK 2

	Classic Favourites MONDAY 	EASTERN TUESDAY 	Great British WEDNESDAY 	SOUTHERN STYLE THURSDAY 	Fish & Chips FRIDAY 
MAIN MEAL	TRADITIONAL SAUSAGE & MASH Gravy	THAI RED CHICKEN CURRY Rice	ROAST TURKEY Roast Potatoes & Gravy	MONGOLIAN GROUND BEEF CURRY Vegetable Fried Rice	CHIP SHOP 'FRYDAY' FISH, PIZZA, SAUSAGE OR FISHCAKE Chips & Peas
VEGETARIAN MEAL	GOAN SWEET POTATO & CHICKPEA CURRY Rice	VEGAN SAUSAGE & MASH Gravy	CHEDDAR, BROCCOLI & LEEK QUICHE	CRISPY ONION PAKORA BURGER WITH MANGO CHUTNEY	EDAMAME BEAN & VEGETABLE SPRING ROLL Vegetable Fried Rice
VEGETABLES	PEAS CARROTS STIR FRIED GREENS	STIR FRIED GREENS PEAS CARROTS	SEASONAL VEGETABLES SEASONAL SALAD	ASIAN SLAW CHIPS PEAS	PEAS CHIPS ASIAN SLAW
PASTA POTS					
	TOMATO & BASIL	CHEF SPECIAL	TOMATO & BASIL	CHEF SPECIAL	TOMATO & BASIL
JACKET POTATO	TOPPED WITH A CHOICE OF CHEESE, TUNA OR BEANS				
DESSERT	CLASSIC APPLE PIE Custard	APPLE & BLACKBERRY CRUMBLE	JAM SPONGE Custard	PEAR & GINGER CRUMBLE Cinnamon Custard	BOSTON BROWNIE Chocolate Sauce
FRUIT POT	SELECTION OF FRUIT POTS AVAILABLE DAILY				
JELLY POTS	SELECTION OF JELLY POTS AVAILABLE DAILY				
YOGHURT POTS	SELECTION OF YOGHURT POTS AVAILABLE DAILY				

TRY OUR HOME-MADE
SOUP
WITH FRESHLY BAKED BREAD

LOOK OUT FOR
AMAZING BLUE DOT
MEAL DEALS


PIZZAS, WRAPS & PANINIS
FRESH OPTIONS
EVERY DAY

TAKE HOME A
TAKEAWAY
Collect Before You Go Home

LUNCH MEAL DEAL
Check out what's on
offer today!



WATCH OUT FOR OUR
POP UP
& STREET FOOD
PROMOTIONS

 All of Our Deli Range,
Sandwiches, Salads
& Desserts are
**FRESHLY MADE
HERE DAILY**



WEEK 3

Classic Favourites
MONDAY



EASTERN
TUESDAY



Great British
WEDNESDAY



SOUTHERN STYLE
THURSDAY



Fish & Chips
FRIDAY



MAIN MEAL

BEEF MEATBALLS IN A TOMATO & BASIL SAUCE
Garlic Bread

LEBANESE CHICKEN & TOMATO CURRY
Cous Cous

ROAST GAMMON
Roast Potatoes & Gravy

MEXICAN SPICED BEEF
Nachos, Rice, Salsa

CHIP SHOP 'FRYDAY' FISH, PIZZA, SAUSAGE OR FISHCAKE
Chips & Peas

VEGETARIAN MEAL

AUBERGINE & CHICKPEA CURRY
Rice

PLANT BASED MEATBALL PASTA BAKE
Garlic Bread

ROASTED BUTTERNUT SQUASH WELLINGTON
Roast Potatoes & Gravy

CURRIED CAULIFLOWER & SPINACH FLATBREAD & HARISSA HOUMOUS

MIXED BEAN CHILLI
Nachos, Rice, Salsa

VEGETABLES

GARDEN SALAD

SALAD

SEASONAL VEGETABLES

SWEETCORN

PEAS CHIPS

PASTA POTS

TOMATO & BASIL

CHEF SPECIAL

TOMATO & BASIL

CHEF SPECIAL

TOMATO & BASIL

JACKET POTATO

TOPPED WITH A CHOICE OF CHEESE, TUNA OR BEANS

DESSERT

WAFFLE BAR
Fruit Compote

SPICED APPLE SPONGE
Cinnamon Custard

STICKY LEMON SPONGE
Custard

CHOCOLATE COOKIE TRIFLE

CHOCOLATE BROWNIE
Vanilla Sauce

FRUIT POT

SELECTION OF FRUIT POTS AVAILABLE DAILY

JELLY POTS

SELECTION OF JELLY POTS AVAILABLE DAILY

YOGHURT POTS

SELECTION OF YOGHURT POTS AVAILABLE DAILY

TRY OUR HOME MADE
SOUP
WITH FRESHLY BAKED BREAD

LOOK OUT FOR
AMAZING BLUE DOT MEAL DEALS

PIZZAS, WRAPS & PANINIS
FRESH OPTIONS EVERY DAY

TAKE HOME A TAKEAWAY
Collect Before You Go Home

LUNCH MEAL DEAL
Check out what's on offer today!
Ψ Ψ Ψ Ψ Ψ Ψ

WATCH OUT FOR OUR
POP UP & STREET FOOD PROMOTIONS

All of Our Deli Range, Sandwiches, Salads & Desserts are
FRESHLY MADE HERE DAILY