

# Absence related to coronavirus

## – a quick guide for parents and carers

### The main symptoms of coronavirus are:

- a high **temperature** – this means you feel hot to touch on your chest or back
- a new, continuous **cough** – this means coughing a lot for more than an hour, or 3 or more coughing episodes in 24 hours (if you usually have a cough, it may be worse than usual)
- a loss or change to your sense of **smell or taste** – this means you've noticed you cannot smell or taste anything, or things smell or taste different to normal

What to do if...	What do parents/carers need to do?	When can my child return to school?	How will school record this absence?
<p><b>My child has <u>symptoms</u> of coronavirus</b></p> 	<ul style="list-style-type: none"> <li>• let school know your child is unwell</li> <li>• make sure your child <b>does not attend</b> school</li> <li>• your child must <a href="#">self-isolate</a> at home</li> <li>• your child should get a <a href="#">test</a> as soon as possible</li> <li>• your household must also self-isolate while waiting for the test result</li> <li>• share the test result with school immediately</li> <li>• support your child with remote learning if they are well enough</li> </ul>	<ul style="list-style-type: none"> <li>• <b>following a negative test result</b></li> <li>• and if your child feels well</li> </ul>	<ul style="list-style-type: none"> <li>• Code X</li> </ul> <p><i>Does not count as an absence</i></p>
<p><b>My child has tested positive for coronavirus</b></p> 	<ul style="list-style-type: none"> <li>• share the test result with school immediately</li> <li>• make sure your child <b>does not attend</b> school</li> <li>• your child must <a href="#">self-isolate</a> at home for 10 days from when symptoms started (or from day of test if no symptoms)</li> <li>• your household must also self-isolate for 14 days from when symptoms started (or from day of test if no symptoms)</li> <li>• your household must self-isolate for a full 14 days even if they return a negative test</li> <li>• support your child with remote learning if they are well enough; or with catching up with work when they are better</li> </ul>	<ul style="list-style-type: none"> <li>• <b>after 10 days</b></li> <li>• and if your child feels well</li> <li>• and doesn't: have a high temperature or feels hot and shivery or have a runny nose, sneezing or diarrhoea</li> </ul> <p>Note: your child can return to school with a cough or loss of smell/taste as these can last for several weeks after the infection has gone.</p>	<ul style="list-style-type: none"> <li>• Code X</li> </ul> <p><i>Does not count as an absence (up until a positive test result)</i></p> <ul style="list-style-type: none"> <li>• Code I (Illness)</li> </ul> <p><i>following a positive test result</i></p>
<p><b>Someone in my child's household has <u>symptoms</u> of coronavirus</b></p> 	<ul style="list-style-type: none"> <li>• make sure your child <b>does not attend</b> school</li> <li>• your child must <a href="#">self-isolate</a> at home</li> <li>• the household member should get a <a href="#">test</a> as soon as possible</li> <li>• your household must all self-isolate while waiting for the test result</li> <li>• share the test result with school immediately</li> <li>• support your child with <b>remote learning</b></li> </ul>	<ul style="list-style-type: none"> <li>• <b>following a negative test result</b></li> <li>• and if your child does not have any symptoms</li> </ul>	<ul style="list-style-type: none"> <li>• Code X</li> </ul> <p><i>Does not count as an absence</i></p>

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<p><b>Someone in my child's household has tested positive for coronavirus</b></p>	<ul style="list-style-type: none"> <li>• share the test result with school immediately</li> <li>• make sure your child <b>does not attend</b> school</li> <li>• your child and household must <a href="#">self-isolate</a> for 14 days from when symptoms started (or from day of test if no symptoms)</li> <li>• your household must self-isolate for a full 14 days even if they return a negative test</li> <li>• support your child with <b>remote learning</b></li> </ul>	<ul style="list-style-type: none"> <li>• <b>after 14 days</b></li> </ul> <p>Note: your child must self-isolate for a full 14 days even if they return a negative test, as it can take 14 days to develop symptoms</p>	<ul style="list-style-type: none"> <li>• <b>Code X</b></li> </ul> <p><i>Does not count as an absence</i></p>
<p><b>NHS <a href="#">Test and Trace</a> or Public Health England has identified my child as a close contact of somebody with symptoms or confirmed coronavirus</b></p>	<ul style="list-style-type: none"> <li>• let school know</li> <li>• make sure your child <b>does not attend</b> school</li> <li>• your child must <a href="#">self-isolate</a> at home</li> <li>• support your child with <b>remote learning</b></li> </ul> <p>Note: the rest of your household does not need to self-isolate unless they are identified as a close contact too</p>	<ul style="list-style-type: none"> <li>• <b>after 14 days</b></li> </ul> <p>Note: your child must self-isolate for a full 14 days even if they return a negative test, as it can take 14 days to develop symptoms</p>	<ul style="list-style-type: none"> <li>• <b>Code X</b></li> </ul> <p><i>Does not count as an absence</i></p>
<p><b>My child has travelled abroad to a country where <a href="#">exemption rules</a> do not apply</b></p>	<ul style="list-style-type: none"> <li>• let school know when your child is going abroad and when they return</li> <li>• make sure your child <b>does not attend</b> school</li> <li>• your child must <a href="#">quarantine</a> and <a href="#">self-isolate</a> at home</li> <li>• support your child with <b>remote learning</b></li> <li>• help your child catch up with work missed during the holiday</li> </ul> <p>Note: routine holidays during term-time will not be authorised and should be avoided</p>	<ul style="list-style-type: none"> <li>• usually after <b>14 days</b> from the date of entry back into the UK</li> </ul> <p>Note: your child must quarantine for a full 14 days even if they return a negative test, as it can take 14 days to develop symptoms</p>	<ul style="list-style-type: none"> <li>• <b>Code X</b></li> </ul> <p><i>Does not count as an absence</i></p>
<p><b>My child has received medical advice to say that they must <a href="#">shield</a>, for example, before a hospital admission</b></p>	<ul style="list-style-type: none"> <li>• do not send your child to school</li> <li>• provide supporting <b>medical evidence</b> to school as soon as possible</li> <li>• support your child with <b>remote learning</b> at home</li> </ul>	<ul style="list-style-type: none"> <li>• when advised that it is safe and appropriate for your child to do so</li> </ul>	<ul style="list-style-type: none"> <li>• <b>Code X</b></li> </ul> <p><i>Does not count as an absence</i></p>