# Activity sheet 1.14: Revision of Learning aim A1

Learning aim A: Understand human growth and development across life stages and the factors that affect it

Learning aim A1: Human growth and development across life stages

How well do you understand the life stages and aspects of growth and development covered in Learning aim A1?

Using the table below, tick a column to show your understanding of each topic.

In the last column, write what you need to do if you are unsure about or do not understand a topic. For example, you could ask your teacher to read through your notes or you could do more research.

| **Topic** | **I know and understand** | **I do not know and understand** | **I am unsure about this topic** | **What I need to do** |
| --- | --- | --- | --- | --- |
| Age groups of the main life stages |  |  |  |  |
| The four areas of development |  |  |  |  |
| Gross and fine motor skills development in infancy and early childhood |  |  |  |  |
| Primary and secondary sexual characteristics |  |  |  |  |
| The process of menopause |  |  |  |  |
| The physical effects of ageing |  |  |  |  |
| Intellectual development across life stages |  |  |  |  |
| The development of language in infancy and early childhood |  |  |  |  |
| Attachment and bonding in infancy |  |  |  |  |
| Aspects of emotional development across life stages |  |  |  |  |
| Social development through play in infancy and early childhood |  |  |  |  |
| Socialisation in adolescence to later adulthood |  |  |  |  |