



St Anne's
Church of England Academy
The best for everyone,
The best from everyone.
We have faith in our future.



Student Services Directory

Signposting you to Pastoral information, advice and guidance for you and your family



Our Vision

The best for everyone, The best from everyone. We have faith in our future.

Our Values

Aspiration

I believe that having high aspirations can motivate me to work hard and achieve my goals without excuses. I have high expectations in everything I do. Aspiration is valuable because it allows me to look beyond my current experiences and to understand, interpret and change the world for the better.

"For I know the plans I have for you, declares the Lord, plans to prosper and not to harm you, to give you hope and a future." Jeremiah 29:11

Integrity

I believe that living my life by high moral standards and values is important. I understand how values are grounded in faith and biblical teaching. I commit to doing the right thing in all circumstances, even if this makes things more difficult for me and when no one is watching. I take responsibility for myself and my community to help it improve for everyone.

"Whoever walks in integrity walks securely." Proverbs 10:9a

Respect

I believe that mutual respect is the most important element in a kind and cohesive community. Respect, and self-respect, means that I take things seriously. I care about myself and others and aim to do good as I go. Respect is valuable because it allows me to understand the differences in our community and to know how to behave in the best interests of that community.

"Love your neighbour as you love yourself." Matthew 22:39

Hard Work

I believe that through hard work I can overcome challenges as I meet them. I am resilient and want to complete every task to the best of my ability. Hard work is valuable because it enables me to be the best I can be and the best I am meant to be. It builds the foundation of experience and learning for my future.

"With God all things are possible." Matthew 19:26



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Important safeguarding contacts and reporting routes:

childline

ONLINE, ON THE PHONE, ANYTIME
childline.org.uk | 0800 1111

[Childline](#), provided by the NSPCC, is yours – a free, private and confidential service where you can talk about anything. Whatever your worry, whenever you need help, they're there for you online, on the phone, anytime (0800 1111)



Anyone who's worried about online grooming or sexual behaviour online can contact [CEOP](#)



If you discover any criminal content, including sexual images of under 18's, when you're online you should report it to the [Internet Watch Foundation](#)



and other harmful online content at [Report Harmful Content](#)



If you've seen something online that supports, directs or glorifies terrorism, report it to [Action Counters Terrorism](#)



Call Heywood and Middleton Neighbourhood Policing Team on **0161 856 8701** or use **101** for non-emergency contact but, in an **emergency**, if you feel that you or anyone else are in immediate danger or there is a risk to life then please call the police on **999** immediately.

**School remains open to support the children of critical key workers and vulnerable students.
You can contact us as usual during normal working hours. We normally reply within 48 hours.**

 **St Anne's Church of England Academy**

Hollin Lane, Middleton,
Manchester, M24 6XN

 **0161 643 2643**

 email: admin@stannesacademy.org.uk

 www: www.stannesacademy.org.uk

Usually the best person for you to speak to will be your **Form Tutor** or **Pastoral Year Leader**.
The Year Leaders can be contacted by email as follows:

Year	Pastoral Year Leader	email
Year 7	Mrs Howard	MHoward@stannesacademy.org.uk
Year 8	Mrs Mallett	HMallett@stannesacademy.org.uk
Year 9	Mr Lynch	MLynch@stannesacademy.org.uk
Year 10	Miss Conway	JConway@stannesacademy.org.uk
Year 11	Mr Whitehead	MWhitehead@stannesacademy.org.uk

You can also text or message a Pastoral Year Leader on the following number: 07752 295 964*

For more specific pastoral matters you can contact **Mrs Becconsall**, our Safeguarding and Welfare Officer, and Deputy Designated Safeguarding Lead:

Staff	Mobile	email
Donna Becconsall	07752 295 963*	DBecconsall@stannesacademy.org.uk

Safeguarding concerns, including online safety matters, can be reported to:
safeguarding@stannesacademy.org.uk*

*Please Note: These contacts are monitored during normal school hours, Monday to Friday, 8am to 4pm only. For support outside of these hours please speak to a trusted adult; phone childline (0800 11 11) or in an emergency contact the Police (999)



[A to Z Student Services Directory](#)

There are lots of agencies, charities, and organisations that work together to keep children safe or offer young people and their families information, advice, guidance and support.

We have provided links to signpost you to some local and national services. We hope you find this information useful.

We have included a direct [link](#) to each service – just click on the name, as well as the website address for your information. We have also listed other contact details if appropriate, as well as a brief description of how they can help.

For some services we have provided further links for students and parents/carers.

An index is provided at the end of our directory. This lists similar organisations together to make it easier for you to find the help you need.

Anti-Bullying Alliance

	
www: https://www.anti-bullyingalliance.org.uk/	
The Anti-Bullying Alliance is part of the National Children's Bureau and is a coalition of organisations and individuals that are united against bullying.	
Students: Click here for help and support if you are being bullied.	
Parents/Carers: ABA has a very useful interactive anti-bullying information tool for parents and carers. Click here to access it.	
ABA can help you with:	bullying cyber bullying

Barnardo's

	
www: https://www.barnardos.org.uk/	
Barnardo's protect, support and nurture the UK's most vulnerable children. Barnardo's helps bring out the best in children – no matter who they are or what they have been through.	
Barnardo's can help you with:	childhood concerns general safeguarding

BEAT

	
www: https://www.beateatingdisorders.org.uk/	
Beat is the UK's eating disorder charity. BEAT exist to end the pain and suffering caused by eating disorders. They are a champion, guide and friend to anyone affected, giving individuals experiencing an eating disorder and their loved ones a place where they feel listened to, supported and empowered.	
Parents/Carers: Click here for the BEAT guide to eating disorders for family and friends.	
BEAT can help you with:	eating disorders

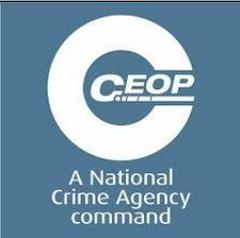
Broken Rainbow UK

 Broken Rainbow UK the LGBT domestic violence charity	
☎ 0300 999 5428 🖥 www: https://www.brokenrainbow.org.uk/	
An LGBT+ domestic violence charity.	
Click here for more information about how they can help.	
Broken Rainbow UK can help you with:	domestic abuse (LGBT+ victims)

Bullying UK

 BullyingUK Part of family lives	
🖥 www: https://www.bullying.co.uk/	
Building better family lives together. Family Lives is a charity with over three decades of experience helping parents to deal with the changes that are a constant part of family life including support on anti-bullying.	
Bullying UK can help you with:	bullying

CEOP (Child Exploitation and Online Protection Command)

 A National Crime Agency command	
🖥 www: https://www.ceop.police.uk/safety-centre/	
Information on staying safe on the internet, including tools to report internet safety concerns. Students: If you have been a victim of online sexual abuse or grooming, or you're worried about somebody else, you can report it to CEOP securely:	
 CLICK TO REPORT IT	
CEOP can help you with:	online safety reporting online abuse

Childhood Bereavement Network

 Childhood Bereavement Network	
www: http://www.childhoodbereavementnetwork.org.uk/	
The Childhood Bereavement Network (CBN) is the hub for those working with bereaved children, young people and their families across the UK.	
Parents/Carers: Click here for what you can do to help and support a bereaved child.	
Childhood Bereavement Network can help you with:	bereavement coping with death

childline

 ONLINE, ON THE PHONE, ANYTIME childline.org.uk 0800 1111	
0800 11 11 www: https://www.childline.org.uk/	
Childline, provided by NSPCC, is yours – a free, private and confidential service where you can talk about anything. Whatever your worry, whenever you need help, they're there for you online, on the phone, anytime.	
Students: You can: <ul style="list-style-type: none">• call 0800 1111 any time for free• have an online chat with a counsellor• check out the message boards	
childline can help you with:	childhood concerns general safeguarding

Childnet

 Childnet International	
www: https://www.childnet.com/	
A non-profit organisation working with others to help make the internet a great and safe place for children.	
Students: Click here for the Childnet Hub for 11-18 year olds. Click here if you have primary aged brothers or sisters that you want to support.	

Parents/Carers: [Click here](#) for further information. [Click here](#) for a **Family Agreement** which you can use to help you talk to your child about staying safe online and agreeing on some boundaries together.

Childnet can help you with:

[online safety](#)

[Children's Social Care \(Rochdale Borough Council\)](#)



☎ 0300 303 0440

🌐 [www: http://www.rochdale.gov.uk/children-and-childcare/pages/child-protection.aspx](http://www.rochdale.gov.uk/children-and-childcare/pages/child-protection.aspx)

If you think a child or young person is at risk of harm, neglect or abuse contact Rochdale **Children's Social Care** Team:

Office hours: **0300 303 0440**
(Monday-Friday 8.30am-4.45pm)

Out of office hours: **0300 303 8875**
(Monday-Friday 5.30pm to 8.30am, anytime weekends and bank holidays)

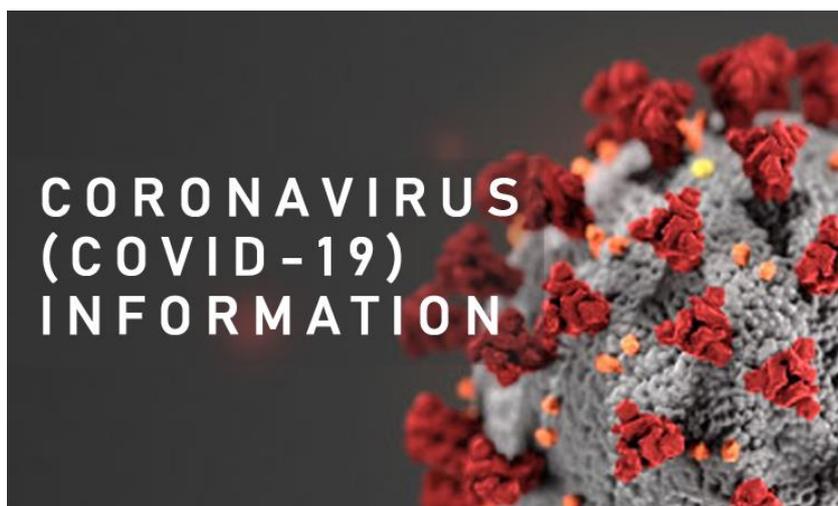
If you are a child and you have concerns about your own safety you should call childline: 0800 11 11 or in an emergency, the Police: 999

Children's Social Care can help you with:

[child protection](#)
[safeguarding](#)

[Coronavirus \(Covid-19\)](#)

There are a range of resources now available to support children, parents/carers and families to cope with the difficulties of life during the **coronavirus** outbreak:



[Click here](#) for the latest advice from the Government.

Get the latest [NHS](#) information and advice about coronavirus.

Students:

The [Children's Guide to Coronavirus](#) is a useful resource from the **Children's Commissioner** to answer your questions about coronavirus, tell you how to stay safe and protect other people and how to help you make the best of your time at home.

[The Children's Society](#) has a [mental and emotional health resource vault](#) full of advice on issues that may be worrying young people during these difficult times.

Public Health England has produced an accessible guide '[Looking after your feelings and your body](#)' to support children and young people.

Parents/Carers:

Whether you're working from home with your kids for the first time or supporting children with anxiety due to coronavirus, the [NSPCC](#) have got tips and advice for you.

Crimestoppers

	
📞 0800 555 111 🌐 www: https://crimestoppers-uk.org/	
<p>Crimestoppers believe that everyone has the right to feel safe from crime. Whoever you are, wherever you live, from communities to companies.</p> <p>You can contact them by phone on 0800 555 111 and online, 24/7, 365 days a year.</p> <p>They also share advice on how to protect the people you care about from crime so everyone can feel safe. 100% anonymous. Always.</p> <p>Students and Parents/Carers: Click here for information on keeping safe, including personal and online safety.</p>	
Crimestoppers can help you with:	crime criminal activity

Disrespect Nobody

	
🌐 www: https://www.disrespectnobody.co.uk/	
<p>There's a person attached to every body, respect both. Healthy relationships are all about respecting each other. You should feel loved, safe and free to be yourself.</p> <p>Relationships can be confusing and it can be difficult to understand what is and isn't normal behaviour.</p> <p>But disrespectful and unacceptable behaviour can come in many forms. It isn't limited to just physical behaviour; it can also go way beyond that. For example, it's not OK for someone to try and pressure you into sending a nude pic, or to expect the same things to happen that they've seen in a porn film. If someone makes you do something you don't want to, makes you feel scared, intimidated or tries controlling you, it's not acceptable and is never OK.</p> <p>Disrespect Nobody lets you read up on the different types of abuse, get advice and have a look at the organisations that can help.</p>	
Disrespect Nobody can help you with:	relationships and relationship issues

Domestic Abuse



[National Domestic Abuse Helpline](https://www.nationaldahelpline.org.uk/)  www: <https://www.nationaldahelpline.org.uk/>

Domestic abuse phone services:

24/7 helpline: ☎ 0808 2000 247 or 0808 247 2000 (National DA helpline)

Male victims: ☎ 0808 801 0327 (Men's Advice Line)

Child victims: ☎ 0800 11 11 (childline)

LGBT+ victims: ☎ 0300 999 5428 (Broken Rainbow)

Forced marriage and honour based abuse: ☎ 0800 599 9247 (Karma Nirvana)

Greater Manchester Domestic Abuse helpline: ☎ 0161 636 7525

These **services** can help you with: **domestic abuse**

Early Break



☎ 0161 723 3880  www: www.earlybreak.co.uk

Early Break is the Young Person's Drug and Alcohol Service for Bury, Rochdale and East Lancashire.

Students: See also [Don't Be a Zombie](#) (click the graphic link below)



Early Break can help you with: **alcohol abuse**
drug abuse

[educate.against.hate](https://educateagainsthate.com/)

	
www: https://educateagainsthate.com/	
<p>The purpose of educate.against.hate is to provide practical advice, support and resources to protect children from extremism and radicalisation.</p> <p>Anyone can be vulnerable to extremism and radicalisation, but children are particularly at risk. As they grow and become more independent, it is not unusual for them to take risks, explore new things and push boundaries. Teenage years are often a time when young people will be searching for answers to questions about identity, faith and belonging, as well as looking for adventure and excitement. Extremist groups know young people are vulnerable and may claim to offer them answers, identity and a strong social network, and using the internet and social media to spread their ideology.</p> <p>This website has been developed by the Department for Education and the Home Office.</p> <p>Parents/Carers: Click here for the educate.against.hate Parents' Hub.</p>	
educate.against.hate can help you with:	extremism radicalisation

[End the Fear](http://www.endthefear.co.uk/)

 <small>GREATER MANCHESTER AGAINST DOMESTIC ABUSE</small>	
☎ 0161 636 7525 www: http://www.endthefear.co.uk/	
<p>Anybody who is experiencing domestic or sexual violence can find help, support and advice on their website. They also provide support to people who know someone who may be being abused.</p>	
End the Fear can help you with:	domestic abuse

Every Mind Matters

	
 www: https://www.nhs.uk/oneyou/every-mind-matters	
<p>For your mind.</p> <p>Look after your mental health. Having good mental health helps us relax more, achieve more and enjoy our lives more. The 'Every Mind Matters' NHS service has expert advice and practical tips to help you look after your mental health and wellbeing.</p>	
<p>Every Mind Matters can help you with:</p>	<p>mental health</p>

Family Lives

	
 www: https://www.familylives.org.uk/	
<p>Building better family lives together.</p>	
<p>Family Lives can help you with:</p>	<p>aggression bullying risky teenage behaviours</p>

Fearless

	
 www: https://www.fearless.org/	
<p>Fearless is a site where you can access non-judgemental information and advice about crime and criminality, including county lines and child criminal exploitation.</p> <p>It also provides you with a safe place to give information to about crime - 100% anonymously.</p>	
<p>Fearless can help you with:</p>	<p>County Lines crime and Child Criminal Exploitation</p>

FGM (Female genital mutilation)

Daughters of Eve

	
www: http://www.dofeve.org/	
Daughters of Eve is a non profit organisation that works to protect girls and young women who are at risk from female genital mutilation (FGM). By raising awareness about FGM and sign-posting support services they aim to help people who are affected by FGM and ultimately help bring an end to this practice.	
These services can help you with:	female genital mutilation

Food Banks

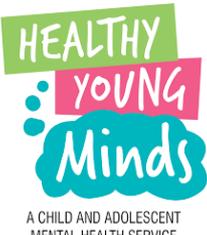
The Lighthouse Project Food Pantry

	
☎ 0161 643 1163 www: http://www.lighthouseproject.org.uk/	
Thursday: 1.30pm-3.30pm Friday: 10am-12pm	
The Lighthouse Project can help you with:	food parcels

Heywood Food Bank

	
St Vincent de Paul Society England and Wales Turning Concern into Action	
☎ 07939 607 1193 www: http://heywoodfoodbank.com/	
Monday & Friday 10am-12pm	
Heywood Food Bank can help you with:	food parcels

Healthy Young Minds (formerly CAMHS)

	
01706 676 000  www: https://healthyyoungmindspennine.nhs.uk/	
A Child and Adolescent Mental Health Service.	
HYM help children and young people up to the age of 18 years, up to 19 for neurodevelopmental disorders, and provide support to families and carers.	
Healthy Young Minds can help you with:	ADHD (Attention Deficit Hyperactivity Disorder) ASD (Autistic Spectrum Disorder) anxiety depression eating disorders psychosis Post-Traumatic Stress Disorder (PTSD) self-harm · more complex psychological difficulties

It's Not Okay

	
 www: http://www.itsnotokay.co.uk/	
The 'It's not okay' website and campaign is a unique collaboration of public and third sector partners throughout Greater Manchester aiming to raise awareness of child sexual exploitation.	
It's Not Okay can help you with:	child sexual exploitation

Karma Nirvana

 Supporting victims of honour-based abuse and forced marriage	
📞 0800 5999 247 🖥️ www: https://karmanirvana.org.uk/	
Support for victims of honour-based abuse and forced marriage: Are you being pressured to get married against your will? Do you fear to bring shame or dishonour on your family? Have you been emotionally or physically abused? Are you confused about what they say scripture demands of you? Do you worry about being disowned?	
If you are concerned about any of the above, please call in confidence. Culture, Religion and Tradition are not an excuse; forced marriage is illegal in the UK.	
Karma Nirvana can help you with:	domestic abuse (honour-based and forced marriage)

Kidscape

 Help With Bullying	
🖥️ www: https://www.kidscape.org.uk/	
Help with bullying.	
Parents/Carers: Click here for more information about Kidscape's parent advice line.	
Kidscape can help you with:	bullying

Kooth

 Free, safe and anonymous online support for young people	
🖥️ www: https://www.kooth.com/	
Free, safe and anonymous online support for young people: Monday – Friday 12pm – 10pm and Saturday – Sunday 6pm – 10pm	
Kooth can help you with:	mental health

Let's Talk About It



 [www: https://www.ltai.info/](https://www.ltai.info/)

Working together to prevent terrorism. Let's Talk About It is an initiative designed to provide practical help and guidance to the public, including children, in order to stop people becoming terrorists or supporting terrorism.

Parents/Carers: [Click here](#) to access information and advice.

Let's Talk About It can help you with:

extremism
radicalisation
terrorism

Men's Advice Line

Respect

Men's advice line

 0808 801 0327  [www: https://mensadvice.org.uk/](https://mensadvice.org.uk/)

A Men's Advice Line offering non-judgmental emotional support, practical advice and information.

Men's Advice Line can help you with:

male victims of domestic abuse

Mind



 01706 752338  [www: https://www.rochdalemind.org.uk/](https://www.rochdalemind.org.uk/)

Mind exist to ensure that people do not face mental health issues alone and can lead their lives free from stigma and discrimination.

Students: [Click here](#) for more information about 'Open Young Minds', a confidential young person's service. Mind provide support for young people aged 12-21 years old, who have mild to moderate emotional health issues and live in Heywood, Middleton or Rochdale.

Mind can help you with:

mental health

National Online Safety

	
WWW: https://nationalonlinesafety.com/	
Keeping children safe online. National Online Safety have a whole school community approach to e-safety with comprehensive training and resources for teachers, parents and children.	
Parents/Carers: We have listed a selection of the most popular safety guides on our school website. Click here to access to them.	
NOS can help you with:	online safety

Net Aware

	
WWW: https://www.net-aware.org.uk/	
Your guide to social networks, apps and games. Bringing together the NSPCC's expertise in protecting children and O2's tech know-how, they're helping you keep safe online.	
Parents/Carers: Click here for help and support with the latest social networks, apps and games.	
Net Aware can help you with:	online safety prevention

NHS Chat Health (Pennine Care NHS/Northern Care Alliance NHS Group)

	
07507 330 382 WWW: https://chathealth.nhs.uk/	
Health advice for Teens in Heywood, Middleton and Rochdale	
Students: Aged 11-19? Got a health question or worry? For confidential help, advice and support, text a school nurse on 07507 330 382 - it's safe and easy for you to speak to a qualified health professional. Just send a message, you don't have to give your name.	
Discreet and quick. It only takes one message to start making a difference. You'll get confidential advice from trained health staff in your area.	
Chat Health can help you with:	health matters

NSPCC (National Society for the Prevention of Cruelty to Children)

	
0808 800 500  www: https://www.nspcc.org.uk/	
NSPCC work to protect children and prevent abuse so they can make child abuse a thing of the past. Every childhood is worth fighting for.	
<p>Parents/Carers: Click here for more information about child abuse, including types of abuse and spotting the signs. Click here for more support for parents: Parenting can be rewarding, but it can also be challenging. The NSPCC have parenting tips for all stages of your child's life, as well as advice on how to deal with difficult situations.</p>	
NSPCC can help you with:	childhood concerns general safeguarding parenting support

One You

	
 www: https://www.nhs.uk/oneyou/for-your-body/	
For your body.	
One You can help you make small changes that fit your life, so you feel better and healthier every day. The 'One You' NHS service has expert advice and practical tips that can make a big difference, like the old saying, 'healthy body, healthy mind' which can help students learn and achieve more in school.	
One You can help you with:	health and fitness

Our Rochdale

	
 www: https://www.ourrochdale.org.uk/kb5/rochdale/directory/home.page	
Providing information on health, social care, childcare and family services within the borough of Rochdale.	
<p>Parents/Carers: Click here for more information about Rochdale's Local Offer.</p>	
Our Rochdale can help you with:	A-Z Directory of other local services

PARENT ZONE

	
www: https://parentzone.org.uk/	
Parent Zone are the experts in digital family life. They provide support and information to parents, children and schools to help families to navigate the internet safely and confidently.	
PARENT ZONE can help you with:	online safety

Police

	
☎ 0161 856 8701 Heywood and Middleton Neighbourhood Policing Team ☎ 0161 872 5050 Greater Manchester Police Switchboard www: https://www.gmp.police.uk/	
You can contact the Police on 101 for non-emergencies.	
In an emergency, if you feel that you or anyone else are in immediate danger or there is a risk to life then please call 999 and ask for the Police.	
GMP can help you with:	anti-social behaviour bullying crime and crime prevention victim support

Refuge

 For women and children. Against domestic violence.	
☎ 0808 2000 247 or 0808 247 2000 National Domestic Abuse Helpline www: https://www.nationaldahelpline.org.uk/	
A free 24-hour National Domestic Abuse Helpline.	
Refuge can help you with:	domestic abuse

Safety Net Kids

 Safety net Kids	
🌐 www: http://www.safetynetkids.org.uk/	
Online safety information for children including top tips to keep yourself safe.	
Safety Net Kids can help you with:	online safety

Samaritans

	
📞 116 123 🌐 www: https://www.samaritans.org/	
Whatever you're going through, a Samaritan will face it with you. If you need someone to talk to, a Samaritan will listen. They are there 24 hours a day, 365 days a year. They won't judge or tell you what to do.	
The Samaritans can help you with:	depression mental health suicide

Shout

	
📞 85258 🌐 www: https://www.giveusashout.org/	
Shout provides free, confidential support, 24/7 via text for anyone at crisis anytime, anywhere. It's a place to go if you're struggling to cope and you need immediate help. They take people from crisis to calm every single day.	
Students: You can: <ul style="list-style-type: none"> • text SHOUT to 85258 in the UK to text with a trained Crisis Volunteer • text with someone who is trained and will provide active listening and problem-solving 	
Shout can help you with:	support in a crisis mental health

Sunrise

	
☎ 0161 856 1734 🌐 www: http://www.thesunriseteam.co.uk/	
Keeping young people safe. The Sunrise Team works on the front line in Rochdale, Heywood, Middleton and the Pennines, reaching out to young people at risk in the community. Their specially trained staff help children to break free of exploitative relationships, and ensure offenders are brought to justice.	
Parents/Carers: Click here for more information about CSE.	
The Sunrise Team can help you with:	child sexual exploitation

Talk to Frank

	
☎ 0800 77 66 00 🌐 www: https://www.talktofrank.com/	
Friendly, confidential information about drugs.	
Students: Click here for ways to deal with peer pressure if you feel pressure into using drugs. Click here for help if you are worried about a friend.	
Parents/Carers: Click here for practical advice and support about drugs.	
Frank can help you with:	drug and substance abuse

The Children's Society

	
🌐 www: https://www.childrenssociety.org.uk/	
The Children's Society campaign for change, promote best practice, and work in partnership with key workers to support young carers.	
Students: Click here for general information and support, including advice and guidance about different issues.	
The Children's Society can help you with:	young carers

The Mix



 [www: https://www.themix.org.uk/](https://www.themix.org.uk/)

Essential support for under 25s. The Mix is the UK's leading support service for young people. They are there to help you take on any challenge you're facing - from mental health to money, from homelessness to finding a job, from break-ups to drugs.

The Mix provides a free confidential helpline and online service that aims to find young people the best help, whatever the problem.

Students: You can:

- call 0808 808 4994 for free – lines are open from 11am to 11pm every day
- access the [online community](#)
- [email The Mix](#)

The Mix can help you with:

a range of issues including relationships
mental health

The Proud Trust



 [www: https://www.theprouddtrust.org/](https://www.theprouddtrust.org/)

The Proud Trust is the home of LGBT+ youth (Lesbian, Gay, Bisexual, Trans + other identities).

The Proud Trust can help you with:

LGBT+ related matters

Think U Know



 [www: https://www.thinkuknow.co.uk/](https://www.thinkuknow.co.uk/)

Think U Know is the education programme from NCA-CEOP, a UK organisation which protects children both online and offline.

Students: [Click here](#) for support for 11-13 year olds and [click here](#) for support for 14+.

Parents/Carers: [Click here](#) to access Think U Know's home activity packs which have been created to support parents during COVID-19 and the closure of schools. Each fortnight, they will be releasing new home activity packs with simple 15 minute activities you can do with your child to support their online safety at a time when they will be spending more time online at home.

Think U Know can help you with:	online safety
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#THRIVE (Emotional Health and Wellbeing Support)



📞 0161 716 2844 🌐 [www: https://healthyyoungmindspennine.nhs.uk/thrive/](https://healthyyoungmindspennine.nhs.uk/thrive/)

Are you feeling worried, angry or upset? Struggling to cope? Stressed about school or exams? Feeling bad about yourself? Experiencing bullying or relationship worries? Or are you just feeling a bit low and not enjoying things?

Lots of young people feel this way, so you are not alone. Getting the right support as soon as possible can help you to feel better, enjoy life and achieve the things you want to

#THRIVE can help you with:	emotional health mental health wellbeing support
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UK Safer Internet Centre



🌐 [www: https://www.saferinternet.org.uk/](https://www.saferinternet.org.uk/)

Advice about smartphones, gaming devices, tablets and other internet-connected devices.

Students: [Click here](#) for top tips for 11-19s and other resources.

Parents/Carers: [Click here](#) for tips, advice, guides and resources to help keep your child safe online.

UK Safer Internet Centre can help you with:	online safety
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Young Carers Hub Rochdale

	
☎ 0345 013 8208	
A Young Carer is somebody that looks after another person because they need help due to an illness, disability, addiction or mental health problem. Young Carers Hub help to ensure young carers between the ages of 5 to 18 are identified and provided with support in their caring role.	
Students: Click here for their leaflet.	
Young Carers Hub can help you with:	young carers

YoungMinds

	
☎ text: 85258 🌐 www: https://youngminds.org.uk/	
Leading the mental health fight - for a future where all young minds are supported and empowered, whatever the challenges.	
Students: Are you a young person in crisis? Text the YoungMinds Crisis Messenger, for free 24/7 support across the UK if you are experiencing a mental health crisis. If you need urgent help text YM to 85258. All texts are answered by trained volunteers, with support from experienced clinical supervisors. Texts are free from EE, O2, Vodafone, 3, Virgin Mobile, BT Mobile, GiffGaff, Tesco Mobile and Telecom Plus.	
Young Minds can help you with:	mental health



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Stay in touch

Know how to contact us



 **Phone** the Academy during normal school hours: **0161 643 2643**

 **Email** general queries to: admin@stannesacademy.org.uk

 **Email a Pastoral Year Leader:**

Year	Name	email
Year 7	Mrs Howard	MHoward@stannesacademy.org.uk
Year 8	Mrs Mallett	HMallett@stannesacademy.org.uk
Year 9	Mr Lynch	MLynch@stannesacademy.org.uk
Year 10	Miss Conway	JConway@stannesacademy.org.uk
Year 11	Mr Whitehead	MWhitehead@stannesacademy.org.uk

 **Text** the Pastoral Team directly:

**Mrs Beconsall 07752 295 963* (Safeguarding and Welfare Officer)
or 07752 295 964* (Pastoral Year Leaders)**

 Follow us and send us a message on **twitter: @StAnnesAcademy**

 Share **safeguarding concerns** at safeguarding@stannesacademy.org.uk *

*Please Note: These contacts are monitored during normal school hours, Monday to Friday, 8am to 4pm only.

For support outside of these hours students should speak to a parent/carer or another trusted adult; phone childline (0800 11 11) or in an emergency contact the Police (999)

Key Safeguarding Contacts for Education Services and Schools 2020/21

All schools must have a **Designated Safeguarding Lead** (DSL), who should be clear about safeguarding and child protection procedures and have attended the 1 day multi-agency '*Working Together to Safeguard Children*' course run by Rochdale Borough Safeguarding Children Partnership (previously RBSCB). **Deputy Designated Safeguarding Leads** (DDSL) provide support to the DSL and cover in their absence.

St Anne's Academy's Designated Safeguarding Lead is:

Andrew Chapman AChapman@stannesacademy.org.uk

The Deputy Designated Safeguarding Lead is:

Donna Becconsall DBecconsall@stannesacademy.org.uk

The Safeguarding Team also includes the Headteacher, SLT and Pastoral Year Leaders.

Safeguarding concerns can be shared with *any* member of staff or by emailing safeguarding@stannesacademy.org.uk (emails monitored 8am-4pm, Monday to Friday, term time only)

Rochdale Local Authority's Designated Officer for Child Protection is:

Gillian Barratt, Head of Schools, Early Help & Schools gillian.barratt@rochdale.gov.uk

Key contacts:

Staff in schools should generally refer concerns about a child to their DSL team, as outlined above. However, in the event that none of the DSL team are available **anyone** can make a referral to **Children's Social Care** by contacting the Complex Early Help and Safeguarding Hub (EHASH) on:

- Tel: Office hours: **0300 303 0440** (Monday-Friday 8.30am-4.45pm)
- Tel: Out of office hours: **0300 303 8875**
(Monday-Friday 5.30pm to 8.30am, anytime weekends and bank holidays)
- email: ehash@rochdale.gov.uk

If you feel a child is in immediate danger, contact the police directly on 999

Our **Early Help** locality enabling team (Middleton)

Tel: **0161 662 5100** or middleton.earlyhelplocalityteam@rochdale.gov.uk

Rochdale Borough Safeguarding Children Partnership – RBSCP

Tel: **0300 303 0350** or rbscp.admin@rochdale.gov.uk

The office is open Monday-Friday 8.30am-4.45pm (please note that the Partnership does not take referrals or give consultations on individual cases, so if you are concerned about a child please contact either the Early Help Team or EHASH)

The Local Authority's **Education Safeguarding Officer** is **Claire Heap**

Tel: **01706 925179** or claire.heap@rochdale.gov.uk

The Local Authority's **Designated Officer (LADO)** for allegations against professionals is

Louise Hurst

Tel: **0300 303 0350** or LADO@rochdale.gov.uk



[@StAnnesAcademy](https://twitter.com/StAnnesAcademy)



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t:0161 643 2643 f:0161 653 8746 e:admin@stannesacademy.org.uk
www.stannesacademy.org.uk

Headteacher: Mr Chris Heyes