

PSHE Curriculum Map

Subject aims

Vision

Today's young people are growing up in an increasingly complex world and living their lives seamlessly on and offline, presenting many positive and exciting opportunities, but also challenges and risks (*Secretary of State, RE, RSE and Health Education, 2019*). In order to embrace the challenges of creating a happy and successful adult life, pupils at St Anne's academy will develop the knowledge, skills and attributes to enable them to make informed decisions about their health and wellbeing, relationships, finance, careers and also learn how to build resilience to cope with the difficulties they may face in adult life.

Aims

Through the use of active learning opportunities, our aim for PSHE at St Anne's Academy is to provide pupils with:

- Up to date, relevant and accurate knowledge.
- Opportunities to explore, clarify and if necessary challenge, their own and others' values, attitudes, beliefs, right and responsibilities.
- The skills and strategies they need in order to live healthy, safe, responsible and fulfilling lives.
- Ground rules to create a safe and comfortable classroom climate where students are confident to discuss their hopes, fears and sensitive issues.
- A flexible curriculum to respond to modern day issues as they arise.

	Autumn	Spring	Summer
Year 7	<p><u>Ground rules and School values</u></p> <p><u>Who am I?</u></p> <ul style="list-style-type: none"> • Skills and qualities. • Target setting. <p><u>Internet safety and harms</u></p> <ul style="list-style-type: none"> • Keeping themselves safe online including Cyber bullying. <p><u>Anti-bullying week 11-15th November 2019 – 'Change starts with us'.</u></p> <p><u>Health Education.</u></p> <ul style="list-style-type: none"> • Healthy eating. • Physical health and fitness. <p><u>NB:</u> Pupils took part in three sessions with Vicky Duncan- Healthy relationships, Keeping themselves safe online and an Anti-bullying workshop.</p>	<p><u>Health education continued</u></p> <ul style="list-style-type: none"> • Mental wellbeing • Dental health <p><u>RSE (British Values)</u></p> <ul style="list-style-type: none"> • Families. • Respectful relationships (friendship). • Changing adolescent body (puberty). • Puberty and the implications for emotional and physical health. • Personal hygiene. <p><u>Rights and responsibilities (British Values)</u></p> <ul style="list-style-type: none"> • Rights and diversity. • Individuality and community. 	<p><u>Drugs education. (British Values)</u></p> <ul style="list-style-type: none"> • Types of drugs and the law surrounding them. • Awareness of the dangers of prescription drugs. • Facts and harms of smoking tobacco and how to access support. <p><u>Finance and Careers (British Values)</u></p> <ul style="list-style-type: none"> • Money management and budgeting. • Earning money in the future. (Linked to careers and LMI). <p><u>Basic first aid</u></p>

Year 8	<p><u>Ground rules and School values</u> <u>Living in the world (British Values)</u></p> <ul style="list-style-type: none"> • Family. (Values and diversity). • Community • Prejudice and discrimination • Challenging stereotypes. • Racism <p><u>Anti-bullying week 11-15th November 2019 – ‘Change starts with us’.</u> <u>Health Education</u> Mental health <u>Drugs education (British Values)</u></p> <ul style="list-style-type: none"> • Facts about legal and illegal drugs and their associated risks and laws surrounding them. • Physical and psychological risks associated with alcohol consumption. <p><u>NB:</u> Pupils took part in an additional session with Vicky Duncan around the effects of bullying.</p>	<p><u>RSE (British Values)</u></p> <ul style="list-style-type: none"> • Types of relationships, including marriage and the other long-term relationships. • Equality, Respect and tolerance. <p><u>Internet safety and harms</u></p> <ul style="list-style-type: none"> • Similarities and differences between the online world and physical world including the over-reliance of online relationships (including social media). <p><u>Health Education</u></p> <ul style="list-style-type: none"> • Characteristics and evidence of what constitutes a healthy lifestyle and the consequences of not leading to a healthy lifestyle. • Facts and science relating to immunisation and vaccination. 	<p><u>Financial education (British Values)</u></p> <ul style="list-style-type: none"> • Influences on our spending. • Saving you money. • Budgeting. <p><u>Careers (British Values)</u></p> <ul style="list-style-type: none"> • Career aspirations and possible pathways (LMI). • Employability skills <p><u>UK Government and laws</u></p> <ul style="list-style-type: none"> • United Kingdom’s democratic government and operation of parliament. • The justice system.
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<p style="text-align: center;">Year 9</p>	<p><u>Ground rules and School values</u> <u>Drugs education (British Values)</u></p> <ul style="list-style-type: none"> • Drug use and their associated risks including the link to serious mental health conditions. (Focus on cannabis). • The law surrounding supply and possession of illegal substances. <p><u>Anti-bullying week 11-15th November 2019 – ‘Change starts with us’.</u> <u>Financial Education (British Values)</u></p> <ul style="list-style-type: none"> • Financial habits. • Budgeting. • Banking <p><u>NB:</u> Pupils took part in an additional session with Vicky Duncan around the effects of bullying.</p>	<p><u>RSE(British Values)</u></p> <ul style="list-style-type: none"> • Positive relationships (include mental wellbeing). • STI’s and Contraception. • Equality and Challenging prejudice. <p><u>Careers Education (British Values)</u></p> <ul style="list-style-type: none"> • Career prospects and employment families, including career choices and financial future. • Post-14 options. • Challenging gender stereotypes in the work place. (Including the protected characteristics under the Equality Act 2010). 	<p><u>Health Education</u></p> <ul style="list-style-type: none"> • How to maintain healthy eating. • Benefits of physical activities. • Importance of sufficient, good quality sleep for good health. • How to recognise the early signs of mental wellbeing concerns. • Common types of mental ill health. <p><u>Online safety</u></p> <ul style="list-style-type: none"> • Online risks of sharing material online. (including how information is generated, collected, shared and used online) • Media and body image (including social media). <p><u>Enterprise</u></p>
<p style="text-align: center;">Year 10</p>	<p><u>Ground rules and School values</u> <u>Careers and further education (British Values)</u></p> <ul style="list-style-type: none"> • Raising the Participation Age and Pathways. • LMI (labour market information) • Employability skills • Post 16- options and bursaries. <p><u>Anti-bullying week 11-15th November 2019 – ‘Change starts with us’.</u> <u>Financial education (British Values) (links with internet safety and harms)</u></p> <ul style="list-style-type: none"> • Financial decisions including saving, budgeting, gambling, debt, etc. 	<p><u>RSE (British Values) (Links with online and media)</u></p> <ul style="list-style-type: none"> • Respectful relationships and consent. • How all aspects of health can be affected by choices they make in sex and relationships, positively or negatively. • Facts and choices around pregnancy. • CSE. • Impact of sharing or viewing harmful content. <p><u>Drugs Education</u></p> <ul style="list-style-type: none"> • Risks • Myths • Staying safe 	<p><u>Health education</u></p> <ul style="list-style-type: none"> • Mental health • Benefits of regular check-ups and a means of prevention. <p><u>Preparation for work experience</u></p> <ul style="list-style-type: none"> • Interview preparation. • Preparing for work.

Year 11

Year 11, have 'Drop-down PSHE sessions' as they do not have a timetabled PSHE lesson. These sessions will cover the statutory elements of PSHE. These are on the following dates:

Wednesday 20th November 2019 - Year 11 PSHE session – Health Education – Risks of Drugs and alcohol.

Wednesday 29th January 2020 - Year 11 PSHE session – Relationships and Sex Education.

Wednesday 29th April 2020 - Year 11 PSHE session – Health Education - Mental health.

Assessment

The personal nature of PSHE education means that it cannot be assessed in the same way as most other subjects and it would be inappropriate for PSHE education to imply passing or *failing 'as a person'*. It *is* however possible to recognise and evidence progress and attainment in the knowledge, understanding, skills and attributes PSHE strives to develop. The model of assessment we advocate is that for each new topic, module, or series of lessons, an initial baseline activity is carried out that gauges pupils' starting point in terms of their existing knowledge, skills, attitudes and beliefs. This is used to inform the teacher's planning for that module. Then, at the end of the topic, module, or lesson an activity is carried out which allows pupils to demonstrate the progress they have made since doing the baseline activity. The use of effective questioning in lessons will allow you to monitor progress of individuals on a lesson by lesson basis.

Enrichment Opportunities

- We invite outside speakers in where it is appropriate to complement the learning taking place in the classroom.
- Key stage four pupils have the opportunity to speak to our onsite careers advisor to enable them to make plans for their future career path.
- Year ten pupils are able to attend a weeklong work experience placement.

Useful Links

<https://nationalcareersservice.direct.gov.uk/>

<http://www.rochdaleapprenticeships.org/>

[https://www.nspcc.org.uk/preventing-abuse/keeping-children-safe/online-safety/?utm_source=google&utm_medium=cpc&utm_campaign=GEN - Safety - \[Exact\]&utm_term=e-safety&gclid=EAiaIQobChMIl4z6mO1gIVipPtCh1niQPyEAYASAAEgJPbPD BwE&gclid=aw.ds](https://www.nspcc.org.uk/preventing-abuse/keeping-children-safe/online-safety/?utm_source=google&utm_medium=cpc&utm_campaign=GEN-Safety-[Exact]&utm_term=e-safety&gclid=EAiaIQobChMIl4z6mO1gIVipPtCh1niQPyEAYASAAEgJPbPD BwE&gclid=aw.ds)

<https://www.nhs.uk/change4life-beta>

Where will this Subject take me?

This subject is in essence 'life skills'. This means that the skills you develop throughout your time at the academy will help you throughout your life; it will aid you when applying for jobs, making and maintaining positive relationships or making positive financial decisions to name but a few.

NB: Areas that include British Values (Democracy, Rule of law, Individual liberty and Mutual respect for and tolerance of those with different faiths and beliefs and for those without faith) have been identified above.